



Early Years Policy - Administration of First Aid

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Director Signature	[N	Signed by: LAMA WUSS A4566008D584450		Date	06-09-2024		
Responsible Officer and Unit		Samantha Waymouth, Coordinator Early Years Services					
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Macedon Ranges Shire Council acknowledges the Dja Dja Wurrung, Taungurung and Wurundjeri Woi Wurrung Peoples as the Traditional Owners and Custodians of this land and waterways. Council recognises their living cultures and ongoing connection to Country and pays respect to their Elders past, present and emerging. Council also acknowledges local Aboriginal and/or Torres Strait Islander residents of Macedon Ranges for their ongoing contribution to the diverse culture of our community.

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Purpose/Objective

This policy will provide guidelines for the administration of first aid for Council's Early Years Services.

Scope

This policy applies to the approved provider, staff, contractors, students on placement at kindergartens, volunteers, parents/guardians, children and others attending the programs and activities of Council's Early Years Services, including during offsite excursions and activities.

Background/Reasons for Policy

First aid can save lives and prevent minor injuries or illnesses from becoming major ones. The capacity to provide prompt basic first aid is particularly important in the context of an early childhood service where staff have a duty of care and obligation to assist children who are injured, become ill or require support with administration of medication.

Legislation governs the operation of approved children's services and is based on the health, safety and welfare of children, requiring the protection of children from hazards and harm. *The Education and Care Services National Regulations 2011* state the approved provider must ensure at least one educator with current approved first aid qualifications is in attendance. This educator must be immediately available at all times that children are being educated and cared for by the service. As a demonstration of duty of care and best practice, all Council early years teachers and educators have current, approved first aid qualifications.

Under the *Education and Care Services National Law Act 2010*, the Australian Children's Education and Care Quality Authority (ACECQA) are required to publish lists of approved first aid qualifications. These lists are available at https://www.acecqa.gov.au/qualifications/ngf-approved.

It is also a requirement that employers have appropriate first aid arrangements in place, including first aid training, first aid kits and first aid facilities, to meet their obligations under the *Occupational Health and Safety Act 2004*. WorkSafe Victoria has developed a *Compliance Code: First Aid in the Workplace* which provides guidance on how these obligations can be met:

https://www.worksafe.vic.gov.au/resources/compliance-code-first-aid-workplace

Gender Impact Assessment



In accordance with the *Gender Equality Act 2020*, a Gender Impact Assessment was not required in relation to the subject matter of this policy.

Definitions

Term	Definition
Approved first aid qualification	A list of approved first aid qualifications, anaphylaxis management and emergency asthma management training is published on the ACECQA website: https://www.acecqa.gov.au/qualifications/nqf-approved
Duty of care	A common law concept that refers to the responsibilities of organisations to provide people with an adequate level of protection against harm and all reasonable foreseeable risk of injury.
First aid	The provision of initial care in response to an illness or injury. It generally consists of a series of techniques to preserve life, protect a person (particularly if unconscious), prevent a condition worsening and promote recovery. First aid training should be delivered by approved first aid providers, and a list is published on the ACECQA website: www.acecqa.gov.au/qualifications/requirements/first-aid-qualifications-training
First aid kit	A collection of supplies and equipment used to give medical treatment. Contents of a basic First Aid kit include items such as, triangular bandages, disposable gloves, adhesive and non-adhesive dressings, crepe bandages, dressing pads and resuscitation face shields. The Compliance Code: First Aid in the Workplace (https://www.worksafe.vic.gov.au/resources/compliance-code-first-aidworkplace), developed by WorkSafe Victoria, lists the minimum requirements for a first aid kit. Refer to Attachment 3.
Incident, Injury, Trauma and Illness Record	Contains details of any incident, injury, trauma or illness that occurs while the child is being educated and cared for by the service. Any incident, injury, trauma or illness must be recorded as soon as is



	practicable, but not later than 24 hours after the occurrence. Details required include the:
	name and age of the child
	 circumstances leading to the incident, injury, trauma or illness (including any symptoms)
	time and date of the incident
	details of action taken by the service, including any medication administered, first aid provided or medical personnel contacted
	details of any witnesses
	 name/s of any person the service notified or attempted to notify, and the time and date of this
	 signature of the person making the entry, and time and date of this
	These details need to be kept for the period of time specified in
	Regulation 183. A sample Incident, Injury, Trauma and Illness Record is available on the ACECQA website:
	https://www.acecqa.gov.au/media/22726
Medication record	Contains details for each child to whom medication is to be administered by the service. This includes the child's name, signed authorisation to administer medication and a record of the medication administered, including time, date, dosage, manner of administration, name and signature of person administering the medication and of the person checking the medication, if required (Regulation 92). A sample medication record is available on the ACECQA website: https://www.acecqa.gov.au/media/22731
Resuscitation flowchart	Outlines the six steps involved in resuscitation: danger, response, send for help, airways, breathing, compression and defibrillation. The Australian Resuscitation Council provides flowcharts for the



	resuscitation of adults and children free of charge at:
	https://resus.org.au/guidelines/flowcharts-3/
	A serious incident (Regulation 12) is defined as any of the following:
	A serious incident (regulation 12) is defined as any of the following.
	a the death of a shild while being advected and cored for at the
	 the death of a child while being educated and cared for at the
	service or following an incident at the service
	 any incident involving serious injury or trauma while the child is
	being educated and cared for, which
	 a reasonable person would consider required urgent
	medical attention from a registered medical practitioner; or
	 the child attended or ought reasonably to have attended a
	hospital e.g. a broken limb*
	 any incident involving serious illness of a child while that child is
	being educated and cared for by a service for which the child
	attended, or ought reasonably to have attended, a hospital e.g.
Serious incident	severe asthma attack, seizure or anaphylaxis*.
	Severe astrina attack, scizure of anaphylaxis.

	*NOTE: In some cases (for example rural and remote locations) a
	General Practitioner conducts consultation from the hospital site.
	Only treatment related to serious injury or illness or trauma is
	required to be notified, not other health matters.
	 any emergency^ for which emergency services attended
	^NOTE: This means an incident, situation or event where
	there is an imminent or severe risk to the health, safety or
	wellbeing of a person/s at an education and care service. It
	does not mean an incident where emergency services
	,
	attended as a precaution.
	a shild appears to be missing or connect be assessmented for at
	 a child appears to be missing or cannot be accounted for at
	the service



- a child appears to have been taken or removed from the service in a manner that contravenes the National Regulations
- a child was mistakenly locked in or out of the service premises or any part of the premises.

Examples of serious incidents include amputation (e.g. removal of fingers), anaphylactic reaction requiring hospitalisation, asthma requiring hospitalisation, broken bone/fractures, bronchiolitis, burns, diarrhoea requiring hospitalisation, epileptic seizures, head injuries, measles, meningococcal infection, sexual assault, witnessing violence or a frightening event.

If the approved provider is not aware that the incident was serious until sometime after the incident, they must notify the Regulatory Authority within 24 hours of becoming aware that the incident was serious.

Notifications of serious incidents should be made through the National Quality Agenda (NQA) IT System portal:

https://www.acecqa.gov.au/resources/national-quality-agenda-it-system. If this is not practicable, the notification can be made initially in whatever way is best in the circumstances.

References

- > Australian Children's Education and Care Quality Authority (ACECQA): www.acecqa.gov.au
- > Australian Red Cross: www.redcross.org.au
- > St John Ambulance Australia (Vic): www.stjohnvic.com.au
- > First aid in the workplace: www.worksafe.vic.gov.au
- Ambulance Victoria: www.ambulance.vic.gov.au

Related Policies



- > Early Years Policy Administration of Medication
- > Early Years Policy Anaphylaxis and Allergic Reactions
- Early Years Policy Asthma
- > Early Years Policy Dealing with Medical Conditions
- > Early Years Policy Diabetes
- > Early Years Policy Epilepsy and Seizures
- > Early Years Policy Excursions and Service Events
- > Early Years Policy Hygiene
- Early Years Policy Incident, Injury, Trauma and Illness
- > Early Years Policy Staffing Requirements
- Occupational Health and Safety Policy (Council)
- Sharps Management Policy and Procedure (Council)

Related Legislation

- > Child Wellbeing and Safety Act 2005 (Vic) (Part 2: Principles for Children)
- > Education and Care Services National Law Act 2010: Sections 167, 169
- > Education and Care Services National Regulations 2011: Regulations 87, 89, 136, 137(1)(e), 168(2)(a), 245
- > National Quality Standard, Quality Area 2: Children's Health and Safety
 - Standard 2.3: Each child is protected
 - Element 2.3.2: Every reasonable precaution is taken to protect children from harm and any hazard likely to cause injury
- Occupational Health and Safety Act 2004





Policy

Mandatory – Quality Area 2

Responsibilities

Responsibilities	Approved provider and persons with management or control	Nominated supervisor and persons in day-to-day charge	Early childhood teacher, educators and all other staff	OHS Unit	Parents/guardians	Contractors, volunteers and students
R indicates legislation requiremen	nt, and sho	uld not be o	deleted			
Ensuring that every reasonable precaution is taken to protect children, staff and others at the service from harm and hazards that are likely to cause injury (National Law: Section 167)	R	R	√			
Assessing the first aid requirements for the service (refer to Attachment 3). A first aid risk assessment can assist with this process (refer to Attachment 4)	R	√		√		
Ensuring that at least one early childhood teacher/educator with current approved first aid qualifications (refer to Definitions) is in attendance and immediately available at all times that children are being educated and cared for by the	R	√				



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service (Regulation 136(1) (a)).					
This can be the same person					
who has anaphylaxis					
management training and					
emergency asthma					
management training					
	l				
Ensuring that the prescribed					
educator-to-child ratios are met	R	√	√		
at all times (refer to Early Years	K	•	•		
Policy - Supervision of Children)					
Annualistic as 1 ff					
Appointing a staff member or					
nominated supervisor to be the					
nominated first aid officer. This					
is a legislative requirement					
where there are 10 or more					
employees but is also	R	✓			
considered best practice where					
there are fewer than 10					
employees					
Council has all educators and					
teachers first aid trained					
Advising families that a list of					
first aid and other health					
products used by the service is	/				
available for their information,	✓	√	√	✓	
and that first aid kits can be					
inspected on request					
2					
Providing and maintaining an					
appropriate number of up-to-	Б	,			
date, easily recognisable,	R	√		✓	
readily accessible, suitably					
equipped first aid kits (refer to					



Attachment 3), with in-date					
products that meet Australian					
Standards (refer to Definitions).					
The appropriate number of kits					
will depend on the number of					
children in the service, the					
number of rooms and their					
proximity to each other, and					
distances from outdoor spaces					
to the nearest kit					
Ensuring procedures are					
developed for the regular	R	✓		✓	
monitoring of all first aid kits					
Ensuring defibrillators are					
maintained and regularly tested					
and serviced, including cyclical	√	,			
replacement of pads and	V	√		✓	
batteries as per manufacturer					
specifications					
Ensuring a risk assessment is					
conducted prior to an excursion					
to identify risks to health, safety,					
or wellbeing and specifying how					
these risks will be managed and					
minimised (Regulations 100,	R	✓	✓		
101, 102B, 102C) (refer to Early					
Years policies: Excursions and					
Service Events; and Road					
Safety Education and Safe					
Transport)					
Ensuring that the Ambulance		√	√		
Victoria AV How to Call Card is					



displayed near all telephones or in a visible location					
Providing and maintaining a portable first aid kit that can be taken offsite for excursions and other activities (refer to Attachment 3)	R	√	√	√	
Ensuring that first aid training details, and renewal dates are recorded on each staff member's record	R	√			
Ensuring safety signs showing the location of first aid kits are clearly displayed (refer to Attachment 3)	R	√		√	
Ensuring there is an induction process for all new staff, casual and relief staff, that includes providing information on the location of first aid kits and specific first aid requirements	R	√			
Ensuring that parents are notified within 24 hours if their child is involved in an incident, injury, trauma or illness at the service and recording details on the Incident, Injury, Trauma and Illness Record (refer to Definitions)	R	✓	√		
Notifying the Department of Education within 24 hours of a	R	✓			



serious incident (refer to					
Definitions) occurring at the .					
service					
Ensuring that staff are offered					
support and debriefing following					
a serious incident requiring the					
administration of first aid (refer	✓	✓			
`					
to Early Years Policy - Incident,					
Injury, Trauma and Illness)					
Ensuring a resuscitation flow					
chart (refer to Definitions) is					
displayed in a prominent					
position in the indoor and	✓	✓		✓	
outdoor environments of the					
Keeping up to date with any					
changes in procedures for					
administration of first aid and	R	✓			
ensuring that all educators are					
informed of these changes					
·		✓	✓	✓	
(refer to Attachment 1 and 2)					
Maintaining current approved					
first aid qualifications, and					
qualifications in anaphylaxis					
		R	R	R	
-					
Practicing CPR and		R	R	R	
administration of an auto-			·	·	
changes in procedures for administration of first aid and ensuring that all educators are informed of these changes Implementing appropriate first aid procedures when necessary (refer to Attachment 1 and 2) Maintaining current approved first aid qualifications, and qualifications in anaphylaxis management and emergency asthma management, as required Practicing CPR and	R	✓			



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injector at least annually (in					
accordance with other service					
policies)					
Ensuring that all children are					
adequately supervised (refer to					
the Early Years Policy -					
Supervision of Children) while	_				
providing first aid and comfort	R	✓	√		
for a child involved in an incident					
or suffering trauma (refer to					
Attachment 2)					
·					
Ensuring that the details of any					
incident requiring the					
administration of first aid are					
recorded on the Incident, Injury,					
Trauma and Illness Record no	R	√	✓		
later than 24 hours after the	1				
occurrence (refer to Early Years					
Policy - Incident, Injury, Trauma					
and Illness)					
and minosoy					
Ensuring the parent/guardian					
reads and signs the Incident,					
Injury, Trauma and Illness		✓	✓		
Record					
Notifying the approved provider					
or nominated supervisor six					
months prior to the expiration of			✓	✓	
their first aid, asthma or					
anaphylaxis accredited training					
Ensuring all out of date first aid					
kit contents are disposed of	✓	✓	✓	✓	
safely. The safest way to					



	1			
dispose of unused/out of date				
medicines is through the Return				
Unwanted Medicines (RUM)				
scheme which is run by a				
government funded organisation				
called The National Return &				
Disposal of Unwanted				
Medicines Limited:				
https://returnmed.com.au/				
Providing the required				
information on the service's				
medication record (refer to				
Definitions) when a child			R	
requires administration of			K	
medication (refer to Early Years				
Policy - Administration of				
Mediation)				
Notifying the service of any				
medical conditions or specific				
medical treatment required for				
their child. Where necessary, in				
consultation with staff, develop				
appropriate medical				
management plans and risk			R	
minimisation plans (e.g. asthma,				
anaphylaxis). Providing any				
required medication (refer to				
Early Years policies – Asthma;				
Anaphylaxis and Allergic				
Reactions)				
Providing written consent (via			R	
the enrolment record) for service				



staff to administer first aid and call an ambulance, if required				
Being contactable, either directly				
or through emergency contacts listed on the child's enrolment				
record, in the event of an incident requiring the			~	
administration of first aid				

Evaluation

In order to assess whether the values and purposes of the policy have been achieved, the approved provider will:

- regularly check staff files to ensure details of approved first aid qualifications have been recorded and are current
- monitor the implementation, compliance, complaints and incidents in relation to this policy
- review the first aid procedures following an incident to determine their effectiveness
- regularly seek feedback from the nominated first aid officer and everyone affected by the policy regarding its effectiveness
- keep the policy up to date with current legislation, research, policy and best practice
- consider the advice of relevant bodies or organisations such as Australian Red Cross and St John Ambulance when reviewing this policy
- revise the policy and procedures as part of the service's policy review cycle, or as required
- notify all stakeholders, including parents/guardians, at least 14 days before making any changes to this policy or its procedures, unless a lesser period is necessary due to risk (Regulation 172(2))

Attachments



- Attachment 1: <u>Basic Life Support Flow Chart (D23-72619)</u>
- Attachment 2: First Aid Responders Role (D23-72630)
- Attachment 3: <u>First Aid Kit Guidelines (D23-72639)</u>
- Attachment 4: Sample First Aid Risk Assessment Form (D23-72642)

